

Your voice matters!

Help shape mental health services

Do you have experience of mental health services in Brighton & Hove or do you care for someone who does?

Come along to our lived experience advisory group (LEAG).
A safe and friendly environment to share your views and experiences



The LEAG are willing to discuss the best and the worst of services and are unafraid to be open, unflinchingly candid, and honest. (LEAG Member)

Services work best when they are shaped by the people who use them.
Possability People ensures that lived experience is at the heart of change, helping to develop services that truly meet people's needs. Join us to share your experiences and influence how local mental health support is improved.



Fully accessible venue. Light refreshments provided.
For more info and to book, please scan the QR code or visit possabilitypeople.org.uk/LEAG