

My Strengths and Qualities

<p>Things I am good at:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>Challenges I have overcome:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p>I've helped others by:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>What I like about my appearance:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p>Compliments I have received:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>Things that make me unique:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p>What I value the most:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>Times I've made others happy:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p>Positives that have come from my health impairment:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	