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possabilitypeople.org.uk

## I AM SPECIAL AND UNIQUE

I like myself because...

I'm an expert at...

I feel good about...

My friends would tell you I have a great...

My favorite place is...

I'm loved by...

People say I am a good...

I consider myself a good...

What I enjoy most is...

The person I admire the most is...

I have a natural talent for...

Goals for my future are...

I know I will reach my goals because I am...

People compliment me about...



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I feel good when I...

I've been successful at...

I laugh when I think about...

The traits I admire myself for are...

I feel peaceful when...

I love ...