


# Brighton & Hove Healthwalks Walk & Scoot


A great opportunity for mobility scooter users to join our regular, easy level **Healthwalks** and enjoy the fresh air and great company! Supported by **Shopmobility** (low cost scooter and wheelchair hire service\*) who will also bring spare scooters for those who would like to try them. Bring a friend to take over the scooter if you would also like to try walking for short distances.



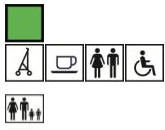
## MAY

Session	Venue	Time	Info	Cost
<b>Seafront 'Walk &amp; Scoot'</b>	Meet outside Palace Pier	<b>Tuesday 30 May, 10am</b>	<b>1 mile</b> 	FREE


## JUNE

Session	Venue	Time	Info	Cost
<b>Women's 'Walk &amp; Scoot'</b>	Meet outside Brighton Women's Centre 72 High Street, Kemptown. <a href="http://www.womenscentre.org.uk">www.womenscentre.org.uk</a>	<b>Weds 28 June 11.30am.</b>	<b>2 miles</b> 	FREE

## AUGUST

Session	Venue	Time	Info	Cost
<b>Preston Park 'Walk &amp; Scoot'</b>	Meet at Rotunda café, Stanford Avenue end of the park.	<b>Monday 21 Aug 10am</b>	<b>1.5 mile</b> 	FREE

## SEPTEMBER

Session	Venue	Time	Info	Cost
<b>Hove Park 'Walk &amp; Scoot'</b>	Meet at the Park café.	<b>Thu 7 Sept 10.15am</b>	<b>1.5 miles</b> 	FREE

\*<http://www.possabilitypeople.org.uk/how-we-can-help/out-and-about/shopmobility/>  
01237 323239 | [shopmo@possabilitypeople.org.uk](mailto:shopmo@possabilitypeople.org.uk)

[www.brighton-hove.gov.uk/healthwalks](http://www.brighton-hove.gov.uk/healthwalks) | [healthwalks@brighton-hove.gov.uk](mailto:healthwalks@brighton-hove.gov.uk) 01273 292564