

Contact

The best way to find out how we can help you is to talk to us. Call [01273 894040](tel:01273894040) or email hello@possabilitypeople.org.uk

Website – possabilitypeople.org.uk

Find us on Facebook, Twitter, Pinterest and Vimeo

Alternative formats

If you need this publication in an alternative format and/or language, please contact us to discuss your needs. This publication is available to download from the website – possabilitypeople.org.uk

Our funders

Brighton and Hove
City Council

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East Sussex
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Registered Charity No. 1114435 Company No. 05706441
Registered address: Montague House, Montague Place, Brighton BN2
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Registered in England and Wales

Supporting you

Our community employment team will support you on specially designed courses for small groups of disabled people who want to find work. They can help with CV writing, accessing the internet and general confidence.

Our Right Track team are all about helping you manage aches and pain so you can become or remain more active. We will link you into support and activity near you to help you improve your health and wellbeing.

Our Link Back specialist works at The Royal Sussex County Hospital with older patients who are well enough to leave hospital but need extra support to get on with their lives.

Volunteering

We have a wide range of accessible opportunities, from administration and reception, to project support, to communications, to Shopmobility delivery driving, to advisors and advocates.

Our volunteers feel valued and part of our team. They learn new skills, gain confidence and self esteem, and often find work after volunteering. Volunteering looks great on a CV and can improve employment prospects. And it provides an opportunity to meet new people and socialise.

We offer training opportunities, regular support meetings and the all important social activities and events.

Get Involved

We are very keen for disabled people to feedback their experiences in a way which is useful for other people.

Our Get Involved Group (the GIG) represents our views at council and health meetings, and beyond. These views feed into planning processes and can improve the way services are delivered.

The GIG meets regularly, in accessible venues. We engage with our members through focus group meetings, online and offline consultations and through our regular newsletter.

The GIG is a very welcoming group, always looking for new people to join it.

Possability Place

In the heart of the city, Possability Place is an accessible venue available for hire. It is adaptable to meet the needs of both large and small groups and offers a versatile space for more intimate meetings, presentations, drinks receptions, training sessions and similar events.

Comfortably accommodating up to 50 people, Possability Place has been designed with the event organiser in mind. Fully equipped with a portable smart board with built in projector, full PA system and WIFI. It also benefits from lots of natural light and has kitchen facilities available which include a height adjustable sink, dishwasher and talking microwave.

Making more things
possible for you in
your life, **no matter
what your situation**

Possability
People

We are a charity committed to helping you make more things possible for you in your life, no matter what your situation. We work with disabled people, older people, younger people or anyone with an impairment or long term health condition.

Whether it's helping you find help at home, or giving you moral support or advice, we have the knowledge and expertise to advise you on what's possible.



We believe in a society where anything is possible, regardless of ability.

Independence and care

Our Continuing Independence Service will help you look at all the options to stay healthy, independent and at home. Whether it's helping you find more support and help around the house or garden or simply someone to help you go shopping, we can help.

We can talk to you about direct payments (money from health or social services to spend on your own care and support), and we can help you find a personal assistant.

We can also help you if you pay for your own care and support.

Help and advice

Our experienced team of independent advisors are available five days a week. We can talk to you about allowances and benefits, housing, money, debt, assistive equipment, grants or local groups. We meet the Advice Quality Standard.

Our advocates help you have a voice, choice and control. They will help you look at your options and give you support.

Out and about

Shopmobility

Call, collect, go! That's all you have to do to hire one of our mobility scooters or wheelchairs for the day.

All our low cost service needs is a quick call in advance so we can tailor our service to you. We will have your scooter or wheelchair ready to collect or delivered to you when you need it.

Call us on 01273 323239

It's Local Actually

A clever, searchable, online database of free and low cost activities. Simply put in a keyword or postcode and our database will provide you with the relevant information. You can also search our database for businesses and services to help you at home.

www.itslocalactually.org.uk