Tackling loneliness - it's everybody's business



"As the health, social and economic case for a major intervention to tackle loneliness builds we must also recognize that change doesn't happen on its own. We need to make sure that loneliness mobilises us all – it becomes everyone's business".

Marcus Rand Director of the Campaign to End Loneliness

Join us in helping reconnect those older people hidden behind closed doors – enabling the invisible to become visible again.

Showcases

National guidance and ideas from the Campaign to end Loneliness on how to identify and engage with older people experiencing loneliness.

Faith groups and churches: what they are doing to respond to the issue locally

Private sector: how they are helping older people, their families and carers stay connected and independent at home for longer

Planning for action together

Try something different. Give it a go and next time tell us how you got on

Food

What can you do to help older people share meals and eat together?

Out and about

Your solutions to help older people get to and from social activities, essential amenities or services. Test ideas which could help shape a new model for the city

Reaching out

Working together to reach those isolated and lonely older people we don't yet know about

Volunteering Your creative solutions to help older people volunteer

Open space Tell us what you would like to tackle together Links to booking via Eventbrite overleaf...

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Together we can reconnect those older people hidden behind closed doors – enabling the invisible to become visible again. Make a difference; join one of our Citywide Connect hubs.

East 22/09 Dorset Gardens Methodist Church, BN2 1RL

<u>book here</u>

North/Central 29/09 Brighthelm Centre, BN1 1YD

book here

West 5/10 Ralli Hall, Hove BN3 3TH

<u>book here</u>

10am - 2.30pm. Lunch will be provided Email connect@possabilitypeople.org.uk for more information.

Possability People

