

# Citywide Connect: Keep Moving



## Spring Hubs 2017

Citywide Connect has made a tangible difference to the way we all work with older and isolated people in Brighton and Hove.

The voluntary and community sector, health, social care, emergency services, and the private and independent sectors, have forged productive relationships that improve their work with older people; together.

Our first evaluation of the project, *Improving Lives, Saving Money*, calculated the programme could save £34 for every £1 invested in it. Or to put that in a citywide context, a potential preventative saving of £3m to local health and social care budgets.

For the hundreds of lonely people whose lives have changed dramatically for the better, there is no calculable price.

So how do we realise that potential? How do we use these working relationships so that isolated older people are supported to stay healthy, independent and at home?

Join the Citywide Connect community and help to improve older people's lives together.

please turn over for more details

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## Join the Spring 2017 hub in your area and:

- Understand Public Health's 'locality profiles' in your area. What does your local population look like and what are the health priorities of its older people? Use the data to find out how you can help older people to stay well and less likely to need more costly health services.
- Are there gaps in activities or services in your area which we can work on together?
- Get creative and bring it all together: older people get a better deal, local activities are better used and there are fewer lonely people as a result

The Citywide Connect team will be on hand to get you to think as broadly and creatively as possible to meet the health and social care challenges of the coming years.

## When and where?

**East** Weds 22 March, Dorset Gardens Methodist Church, Dorset Gardens, Brighton, BN2 1RL

**North/Central** Weds 29 March, Brighton Unitarian Church, New Road, Brighton, BN1 1UF

**West** Weds 5 April, Ralli Hall, 81 Denmark Villas, Hove, BN3 3TH

Booking is essential. Book online at [www.possabilitypeople.org.uk/hubs2017](http://www.possabilitypeople.org.uk/hubs2017)

All hubs run from 10am - 2.30pm. Lunch will be provided

Email [connect@possabilitypeople.org.uk](mailto:connect@possabilitypeople.org.uk) for more information.

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